

Dr. Greer Burroughs (top, second from left) leading interactive exercise with students of Civic Education University Course in Ukraine.

Virtual Community and Psychological Resilience Workshop

European Humanities University

Thousands of Belarusians have mobilized across the country to challenge the outcome of the August 9, 2020 presidential election following Aleksandr Lukashenka's claim of a landslide victory. This has resulted in some of the largest demonstrations in Belarusian independent history. Many months later, Belarusians have persisted peacefully despite the unprecedented level of violence they have been met with from authorities, including mass arrests, intimidation and other abuses. This remarkable and dramatic increase in citizen participation has manifested itself through strong networks of support and multiple forms of protests across social strata, all which have found solidarity in their key demands for a new and fair election and the respect for fundamental human rights. While this level of increased civic engagement holds profound significance for the country's future, the ongoing protest movement and countermoves by the government have undoubtedly also taken a toll on the psychological health and resilience of young Belarusians witnessing them unfold at home and from abroad.

On **Friday, May 14**th at **15:00 EEST**, European Humanities University (EHU) will host a two-hour workshop in which participants will examine how political and social events of the last year have impacted their lives and how they can take action to address these issues. The workshop will be facilitated by Dr. Greer Burroughs, International Civic Education Consultant and Assistant Professor of Education, who has worked with young people for more than a decade to help them find their voice, develop effective communication skills, and become action-oriented in solving problems. She will lead the participants through activities to build these skills and create a plan for individual and communal empowerment and resilience.

EHU would like to invite you to join this workshop which will be led in English and will be open to all those who are interested. The event will be held via Zoom on Friday, May 14th, 2021, at 15:00-17:00 EEST / 8:00-10:00 AM EDT. Please register here